Holman Illustrated Bible Dictionary -

Joy is the fruit of a right relationship with God. It is not something people can create by their own effort."	
Luke 2:12-14, angels Matthew 2:10, Magi Luke 15:10, angels	Luke 2:20, shepherds Luke 2:25-32, Simeon Psalm 122:1, David

Who or what hinders you from experiencing true joy found in the presence of God?